



Diocese of Birmingham  
**ST LAURENCE CHURCH JUNIOR SCHOOL**

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Headteacher: Mr Andrew Murphy

Thursday 10<sup>th</sup> April 2025

Dear Parent / Carer,

This school year we have been delivering PSHE (Personal, Social and Health Education) in our school using a scheme called Jigsaw, a mindful approach to PSHE.

Since September, we have taught lessons that have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a healthy way. Our topic across the school in half term 6 (last half term before summer) is called Changing Me which covers Sex and Relationships Education (SRE).

The Changing Me unit in Year 5 and 6 looks more fully at puberty and human reproduction. The way we teach this is part of the government's Relationships and Health Education agenda which was introduced in 2020. We understand that you may wish to find out more and have questions about this, so we warmly invite you to attend a meeting in which we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups.

**Date: 1<sup>st</sup> May 2025**

**Time: 3.30pm**

**Venue: 5LS classroom** (*your children are invited to stay and be looked after in school in a different classroom and there will be supervision for the duration of the meeting*). This classroom is just off the front playground so a staff member will be there to direct you in.

We hope you agree that this unit of work is vitally important for children and that it needs to be completed age-appropriately. The Jigsaw programme gives us a secure framework in which to do this and safeguard your children. The government has made Sex and Relationships Education statutory for all primary schools from September 2020 and we would value the opportunity to share requirements so you are clear about the curriculum that we intend to teach. We look forward to sharing this with you and answering any questions you may have.

Please return the slip below if you intend to come so we know how many adults to expect. Also indicate if your child will be staying in school during the workshop.

Kind Regards,

Mrs Johanna Allen

PSHE Co-ordinator

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I intend to come to the SRE (Sex and Relationships Education) Workshop on 1<sup>st</sup> May.

Name: \_\_\_\_\_ Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

My child will need supervision in a different classroom      Yes / No