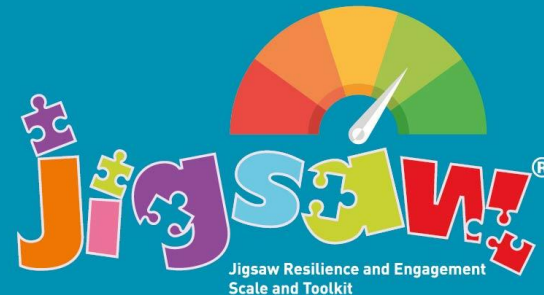


Relationships, Sex & Health Education (RSHE)

Welcome!



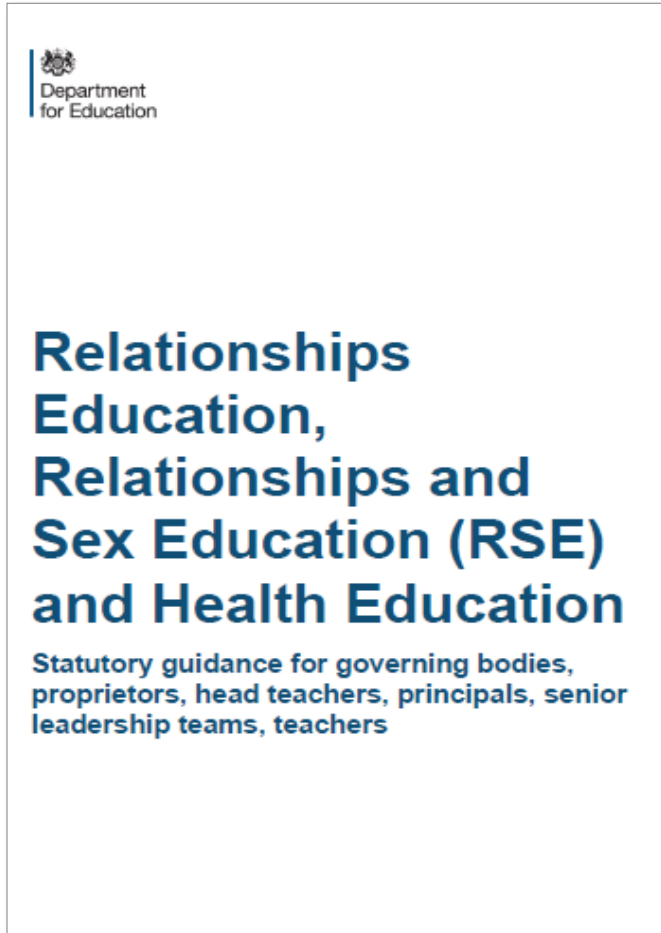
Jigsaw overview- Summer term



- HT5: Relationships
 - looking at diverse topics such as families, friendships, pets and animals, and love and loss. A vital part of this Puzzle is about safeguarding and keeping children safe; this links to cyber safety and social networking, as well as attraction and assertiveness; children learn how to deal with conflict, their own strengths and self-esteem. They have the chance to explore roles and responsibilities in families, and look at stereotypes.
 - **Year 6** cover mental health content.
 - **Year 5** cover fake social media accounts and their risks, grooming, trolling, violence, gambling, impact of too much gaming, posting images online.
- HT6: Changing me
 - deals with change of many types, from growing from young to old, becoming a teenager, assertiveness, self-respect and safeguarding. Self and body image, puberty, attraction and accepting change are diverse subjects for children to explore. Each year group thinks about looking ahead, moving year groups or the transition to secondary school. Life cycles and how babies are made and grow are treated sensitively and are designed to meet children's needs. This Puzzle links with the Science curriculum when teaching children about life cycles, babies and puberty.



What have schools got to teach?



At Primary school age:

RELATIONSHIPS EDUCATION IS COMPUSLORY

But Sex Education is at each school's discretion although recommended by the DfE

At St Laurence:

- Year 3 and 4 do not have any Sex Education lessons.
- One Sex Education lesson is taught in Year 5 and one in Year 6.



What should children know about puberty?

1. Correct names for parts of the body including genitalia
2. How their bodies will change during puberty
3. How to manage these changes/ practicalities
4. Why these changes need to happen
5. How and where to ask for help if needed

Puberty



Sex
Education is
discretionary
at Primary...
what exactly
does the
guidance say?

The Department continues to *recommend* that *all* primary schools should have a sex education programme tailored to the age and physical and emotional maturity of the pupils.



At St Laurence we define Sex Education as

“Human reproduction, conception and birth”

Human reproduction is taught in a biological way (so that children know accurate facts before they go to secondary school), whilst emphasising the need for babies to be born into loving families.



What should children know about human reproduction?

Human reproduction (sometimes known as sex education)

1. Biological facts about reproductive systems in males and females
2. Correct names of internal and external parts of the body including genitalia
3. How a baby is conceived, develops through pregnancy and is born

What is being taught in Changing Me:



Year 5

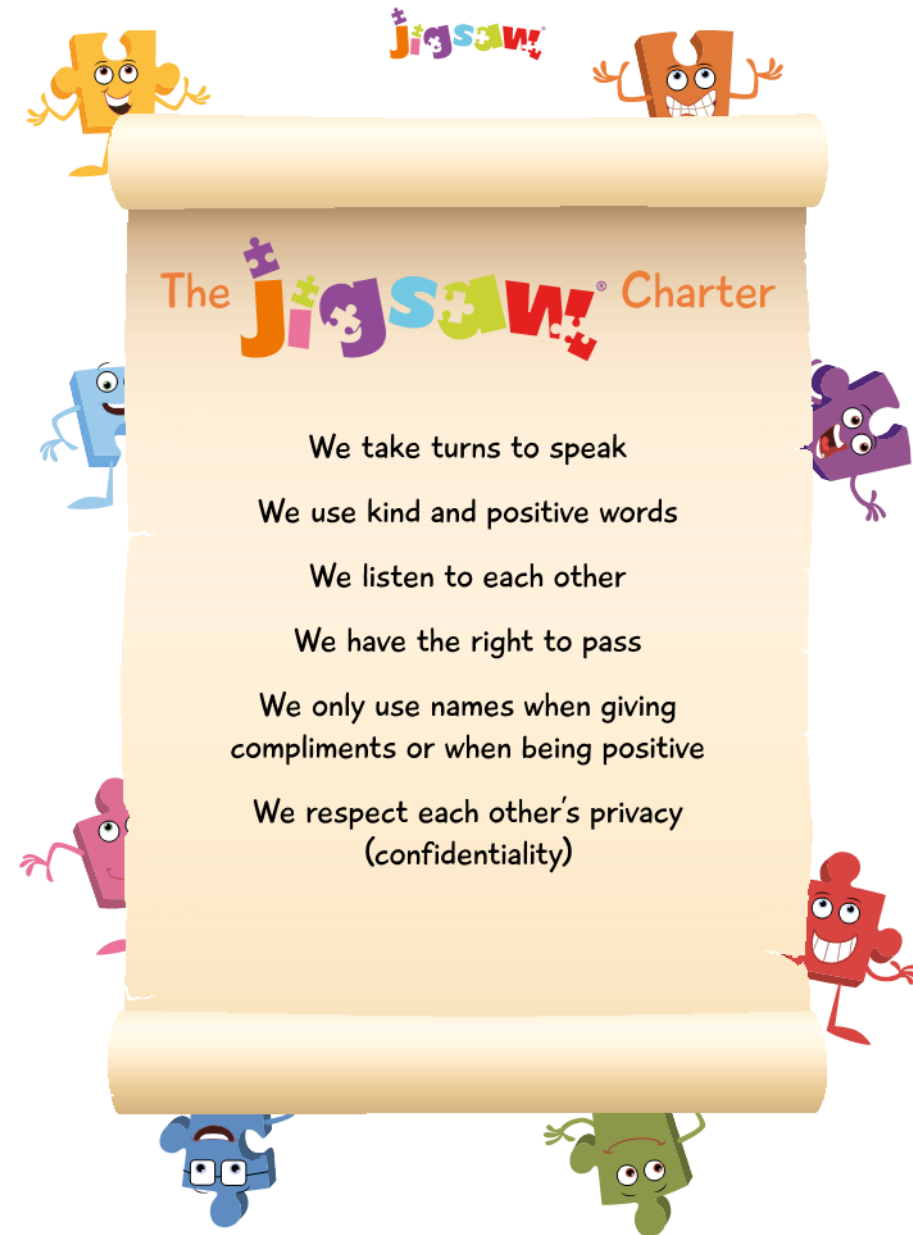
Lesson 1	Self image
Lesson 2 (Taught to boys and girls separately)	Puberty for girls
Lesson 3 (Taught to boys and girls separately)	Puberty for boys
Lesson 4 (Children can be withdrawn from this lesson. Taught to boys and girls separately)	Conception
Lesson 5	Looking ahead to teenage years
Lesson 6	Looking ahead to Year 6

Year 6

Lesson 1	Self image
Lesson 2 (taught to boys and girls separately)	Puberty for girls and boys
Lesson 3 (Children can be withdrawn from this lesson. Taught to boys and girls separately)	Conception to birth
Lesson 4 (taught to boys and girls separately)	Boyfriend/girlfriend relationships
Lesson 5	Self esteem
Lesson 6	Looking ahead to secondary school

How do we teach using Jigsaw

- Set ground rules.
- Ensure the children know it's a safe, non threatening environment to ask questions and address their misconceptions.
- Question box.





The question box



Some children need processing time for some of the RSE content and questions can arise a few days after the lessons.

There will be a 'question box' in each class and the children will be encouraged to post any questions, concerns or worries they have in there.

Teachers will check it and respond to questions either individually/group/whole class as appropriate.

Answering questions



When answering questions teachers will:

- Consider if it is within the remit of this age group's RSE programme and won't answer if inappropriate to do so
- Keep answers straightforward and factual
- Provide age-appropriate answers
- Will refer to the Jigsaw Charter



Being a Church of England school means:

The Church of England Education Office promote a faith-sensitive and inclusive approach to Relationships and Sex Education (RSE). This teaching is underpinned by two key biblical passages:

So God created mankind in his own image, in the image of God he created them. (Genesis 1:27, NIV)

I have come that they may have life, and have it to the full. (John 10:10, NIV)

Everyone will be treated with dignity as all people are made in the image of God and loved equally by God.



Being a Church of England school means:

- RSE lessons ensure that children are able to cherish themselves and others as unique and wonderfully made, keep themselves safe and able to form healthy relationships where they respect and afford dignity to others.
- They will provide pupils with the knowledge that will enable them to navigate a world in which many will try to tell them how to behave, what to do and what to think.
- They will help them to develop the skills to express their own views and make their own informed decisions.
- RSE will be delivered in a way that affords dignity, will be sensitive and shows respect to all faiths and beliefs that make up our community.
- They will value the importance of faithfulness as the underpinning and backdrop for relationships.



Parents/carers

- We look forward to sharing the responsibility of teaching Relationships, Health and Sex Education in partnership with you.
- You have the right to withdraw your child from the Sex education element in this unit (Year 5- Lesson 4, Year 6- Lesson 3)

Right to withdraw according to DfE



If a pupil is excused from sex education, teachers will provide them with work unrelated to the topic.

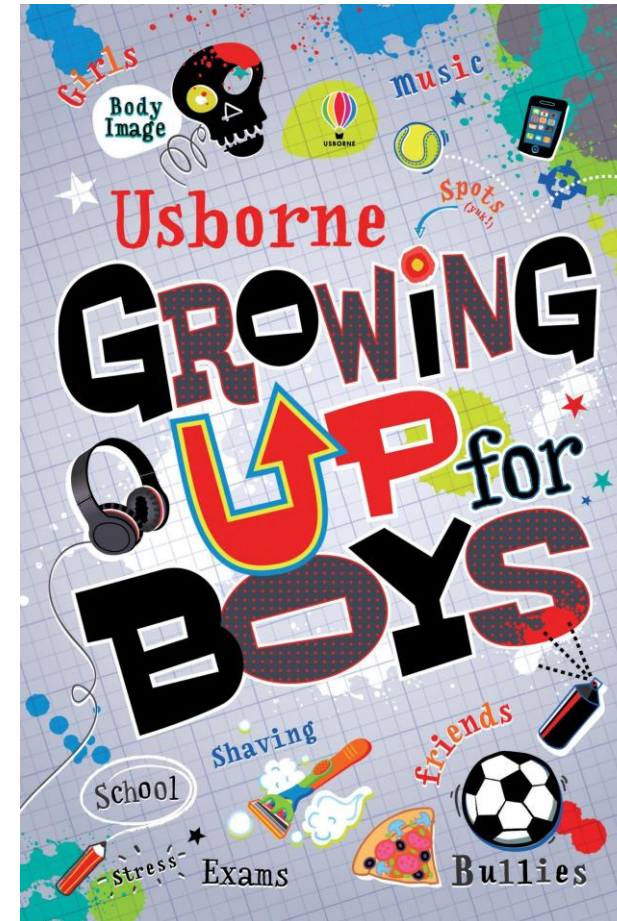
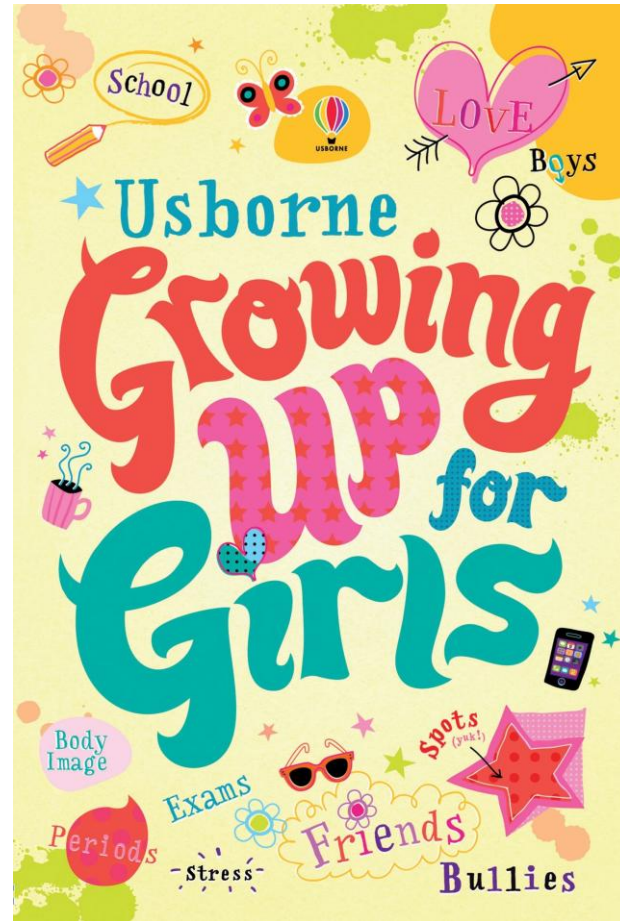
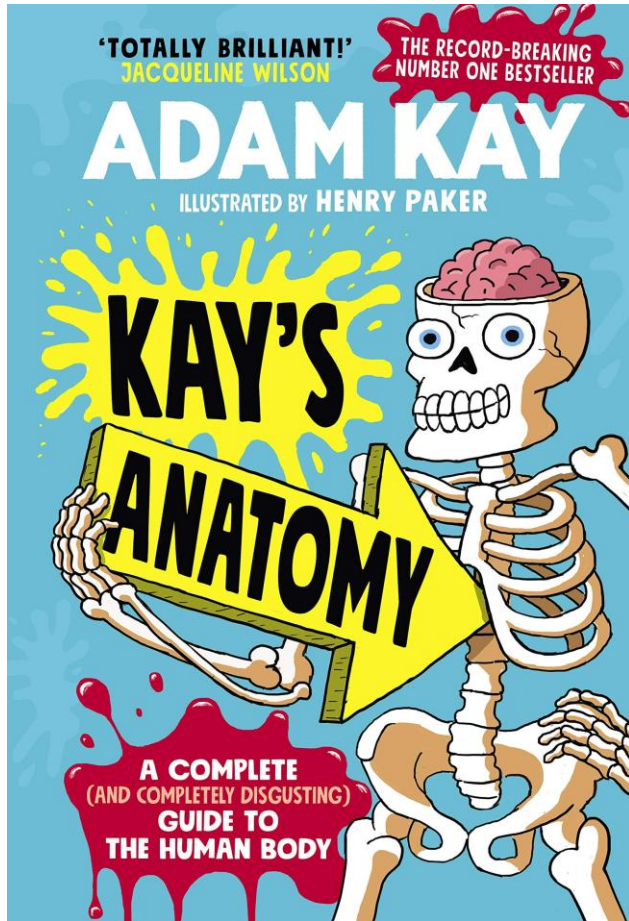
So what lessons would your child miss?

If in year 5 they would be withdrawn from Lesson 4 (conception) only.

If in Year 6 they would be withdrawn from Lesson 3 (conception to birth) only.

If you wish for your child to be withdrawn from the conception lesson, please let us know either by email: enquiry.slj@fioretti.co.uk or by contacting the school office 0121 464 6499.

Books/websites we would recommend



[https://www.bigtalkeducation.co.uk/parents/how-to-talk-about-sex/Tips for Talking to Your Kids About Sex & Relationships](https://www.bigtalkeducation.co.uk/parents/how-to-talk-about-sex/Tips-for-Talking-to-Your-Kids-About-Sex-&Relationships)
[https://www.plannedparenthood.org/learn/parents/tips-talking Books all about puberty | BookTrust](https://www.plannedparenthood.org/learn/parents/tips-talking-Books-all-about-puberty)

Books/websites we would recommend

