

KEEPING SAFE ON LINE



Why are we talking to you today ?

The Internet is a fantastic resource – but, as with everything, you need to be SAFE. Watch these videos.

<http://www.bbc.co.uk/news/uk-wales-south-east-wales-38691882>

<https://www.youtube.com/watch?v=7ByOwQ3FY6c>

The Facts.

We don't know how many children and young people are affected by online abuse. Children often:

- Don't tell anyone because they feel ashamed or guilty
- May not know who to tell
- May not realise they are being abused.
- One in five 8 to 11 year olds and seven in ten 12 to 15 year olds has a social media profile.

Source: Ofcom (2015) [Children and parents: media use and attitudes report \(PDF\)](#).

1 in 4 children have experienced something upsetting on a social networking site.

Source: Lilley, C., Ball, R. and Vernon, H. (2014) [The experiences of 11-16 year olds on social networking sites](#).

These figures, according to the NSPCC, are higher now!

More facts

- **1 in 4 children have experienced something upsetting on a social networking site.**
- Source: Lilley, C., Ball, R. and Vernon, H. (2014) [The experiences of 11-16 year olds on social networking sites](#).
- There were over 11,000 counselling sessions with young people who talked to Childline about online issues last year
- Source: NSPCC (2016) [Childline annual review 2015/16: It turned out someone did care](#).
- **1 in 3 children have been a victim of cyberbullying.**

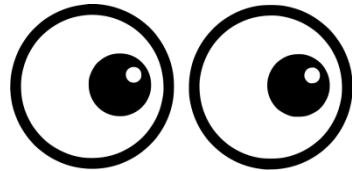
Source: McAfee survey of children and parents as reported in the Guardian (14 November 2014) "[Number of children who are victims of cyberbullying doubles in a year](#)"

Almost 1 in 4 young people have come across racist or hate messages online.

Source: Livingstone, S. (2014) [Net children go mobile: the UK report: a comparative report with findings from the UK 2010 survey by EU Kids Online \(PDF\)](#)

These figures, according to the NSPCC, are higher now!

What should you look out for ?



- Many of the signs that a child is being abused are the same no matter how the abuse happens.
- A child may be experiencing abuse online if they: spend lots, much more or much less time online, **texting, gaming or using social media**
- Are withdrawn, upset or outraged after using the internet or texting
are secretive about who they're talking to and what they're doing online or on their mobile phone
- Have lots of new phone numbers, texts or e-mail addresses on their mobile phone, laptop or tablet.

What are your kids using on line ?

- <https://www.net-aware.org.uk/networks/?order=-popularity>



So what can or should we do ?

Check what your children are using on line some apps and programs look child friendly and safe but.....

This is an app could meet me – Yes, where you go on it to meet other people. The APP looks so child friendly parents wouldn't think twice to check what it was.

**CHECK WHAT THEY ARE USING !
TAKE A LOOK WITH THEM !**



GET NETAWARE !!

Try this link.....

<https://www.net-aware.org.uk/networks/?order=-popularity>

Just type in the APP name and it lets you know all about it !

The rise of YouTube

Figure 31: Incidence of using the YouTube website or app: 2016



And please remember !!

- You can get on line on all sorts of devices not just computers.....



**YOU JUST NEVER KNOW WHO IS ON
THE OTHER END OF THE
CONVERSATION ON LINE.**



You Should Also Note !

- If your child gets involved in any kind of threats or Bullying on line then they may get in trouble too !
- Often people, especially children lose their inhibitions on line and say or do things they would never do anywhere else.
- They can also get in trouble for publishing material and pictures on line !!!!

THINK !

- **Have a conversation**
- A simple and effective way to get involved with your children and their lives online is through discussion. By maintaining an open dialogue with your child and encouraging them to talk to you about their internet use parents can help children access the amazing resources the internet has to offer whilst keeping them safe online.
- Conversation starter ideas:
 - Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
 - Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
 - Ask them if they know where to go for help, where to find the safety advice, privacy settings and [how to report](#) or block on the services they use.
 - Encourage them to help. Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
 - Think about how you use the internet as a family. What could you do to get more out of the internet together and further enjoy your lives online?
- Family agreement
- A family agreement is a great way to start a conversation with your whole family about how you all use the internet and discuss together how to behave in a positive way when online at home, at school or at a friends house. Our family agreement advice provides a list of things to consider when creating a family agreement and some examples. The family agreement template provides a framework that will help families set clear expectations for positive and safe internet use.

NSPCC ADVICE

1. Explore the online world together
2. Talk to your child about staying safe online
3. Manage the software and tools your family use
4. Agree rules about what's ok and what's not

ISP ??

If you have the internet then You all have one ?

It is your Internet Service Provider

They have a responsibility to you!

They can provide security and restrictions on your service at the point it enters your home.

Check there web sites or call them it can be activated and managed by you.

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider>

How would you teach your child to cross the road ?

1. Pick an age specific location.
2. Tell them of the dangers.
3. Show them what it looks like.
4. Go along with them and practice together.
5. Watch them do it at a safe distance
6. Then slowly give them trust to do it themselves when they are old enough.



**THE INTERNET IS NO LESS DANGEROUS
SO FOLLOW THE SAME IDEALS.**



Best advice is

REMEMBER!

When you are on line.

NEVER EVER !

**Say or Do anything that you would not do
If you were in a room with a group of people!**

**YOU JUST NEVER KNOW WHO IS WATCHING
AND LISTENING!**

CYBERBULLYING !

Your child could be a victim or unwitting offender of this

- Defined as
- the use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature.
- "children may be reluctant to admit to being the victims of cyberbullying"

SEXTING !! What ?

15% increase in child sexting last year alone !

WHAT IS IT ?

https://www.youtube.com/watch?v=sch_WMjd6go

SETTING PARENTAL CONTROLS.

THIS IS YOUR JOB SO LEARN HOW – and FAST !!

<https://www.internetmatters.org/parental-controls/interactive-guide/?gclid=CIKAuMGt89ECFesp0wodU4UJYA>

**A link to further advice from the
NSPCC.**

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>