



St Laurence Church Junior School York Residential Visit – Notes for Parents

Dropping Off & Picking Up

The coaches will pick us up and drop us off at the top of the driveway but all children will need to come into the hall first to be registered (**from 7.45am**). On Friday, if we are going to be back later than the intended time, we shall call the school so that information can be given to you via the text system. **Please do not park on Bunbury Road** as the coaches will need to park there whilst we load and unload and parked cars will add to the congestion around the site.

Unfortunately, you will not be able to park on school site to drop off as we do not have enough space. Please use pastoral centre car park or other side roads.

Accommodation

The address of the centre is:

The Racecourse Centre, Tadcaster Road, York. www.yorkracecoursecentre.co.uk The Racecourse centre is fully self-contained. It is used for much of the year by school parties and during the racing season by stable lads and lasses. The owners are highly experienced and the centre meets the Education Authorities stringent conditions for residential accommodation.

Clothing

This is a very active visit and much of the time will be spent outdoors. We are not sure what weather to expect, but our experience of this part of the country is that it can be very cold, windy and wet. Please bear that in mind when packing. The children will need:

- an anorak, cagoule or coat. **It must be waterproof** and big enough to wear a jumper underneath. Denim jackets, hoodies or similar are **not** sufficient.
- a hat and gloves
- sensible, comfortable footwear as we will be doing lots of walking. Sturdy trainers are fine (a spare pair could be very useful if it is very wet)
- slippers or pumps for wearing in the centre.
- 3 pairs of trousers or jeans -No skirts or dresses.
- 3 jumpers or fleeces/sweatshirts/ hoodies
- 3 shirts/T-shirts.
- a change of underwear and socks for 4 days.
- a wash kit and large towel.
- pyjamas/night dress

These and any other items should be packed in one labelled suitcase or suitable bag that the children can manage on their own.

- Wellingtons, spare trousers/leggings/joggers, extra socks, small hand towel for the day at the seaside. These must be packed in a tied, named carrier bag, not in the suitcase.
- A back pack which the children will carry with them on each day of the visit. On the first day they need a packed lunch which should be in a disposable bag- no sandwich box please. It goes inside the coach with the children, not in the luggage hold. Keep hat and gloves in this bag. Children also need a refillable water bottle.

Valuables and Other Items

All valuables are brought at owner's risk. Books/magazines/ travel games may be brought for the coach journeys and for use in rooms.

Please do NOT send any sweets as these are not allowed.

MOBILE PHONES are not allowed on this trip. One of the main reasons we are going on the trip is for children to learn to be independent and part of a group in a closely supervised and organised situation. We will post updates to our Facebook account so you can see what the children are up to and **if there is a problem with your child we will contact you.**

Pocket Money

Children will have the opportunity to visit the shop at Jorvik centre and to buy an ice cream at the seaside. The amount is at your discretion, although £10 would be a suggested maximum on seaside day £2.00 is needed. It is a great help if you tell them you do not expect a present! Money for the Thursday and Friday should be put in separate sealed envelopes with their name and class and the day clearly marked. These should be handed to the class teacher on the departure day. **No money is needed for Tuesday or Wednesday.**

Consent Forms

To take part and go on the trip, **the Final Consent and, if needed, Medication Form has to be completed and returned.**

Emergency Contacts

Please give as many contact numbers as possible. If your child has a problem of any kind we really need to be able to get in touch with you or a member of your family.

Medical and Personal Information

There is a section for this on the Final Consent and Medication Form. It includes asthma, allergies, medication and any other relevant information you feel we need to know about.

Regular Medication Forms

If your child regularly takes medication, including asthma treatment, please complete a Medication Form. It should indicate the medical condition, the precise medication to be taken with the dosage and times. We will record that it has taken place during the visit. Please collect a form at the parent meeting or contact the office and we will send one home via your child.

If your child does not need regular medication but becomes unwell just before the visit and will need medication while we are away please collect a form from the office or one of the appointed 'nurses' on the day of departure. Any medicines to be taken whilst we are away, including medicines for asthma, should be handed in to the 'nurses' on the day of departure with a Regular Medication Form if not already returned to school.

We do take common children's medicines with us. Please tick any that you would agree to us giving should your child become unwell while we are away.

All medicines should be clearly marked with your child's name and precise dosage.

The Racecourse Centre

www.yorkracecoursecentre.co.uk/

The Racecourse Centre has everything that we as a school and you, as parents, could want to help make being away from home a great and safe experience.

- The site and centre is self contained and enclosed.
- The bedrooms are warm and comfortable.
- The washing and toilet facilities are good.
- The dining room is light and airy and the food is excellent.
- There is a spacious common room to meet and play games.
- Above all, their staff are brilliant. They have been providing this service over 30 years and know what works well but are also adaptable and flexible.

The site

The buildings are in their own grounds, on the end of York Racecourse, a mile or so from the centre of the city. During race meetings they provide accommodation for the stable lads and lasses; for the rest of the year they are occupied by school parties.

There is a Main Building and an Annexe

The main block is a two-storey building and accommodates most of our party. The rooms sleep 4. The four-bedded rooms have fold down bunks and 2 single beds. At one end of the upper storey is the Common Room and below it is the Dining Room.

The Annexe is a single storey building 30 metres away and is accommodation only. There is a mix of twin-bedded rooms, 3 beds and 2 small dormitories for up to 6 children. Boys rooms are at one end and the building and girls' rooms at the other, with a very definite divide between. Adults are always on hand nearby.

All rooms have wash facilities and the annexe block has separate male and female toilet and shower facilities.