

## Human Life cycle

- **New born** - this is a baby that has just been born.
- **Infancy** - this is a period of rapid change. Many toddlers learn to walk talk at this stage.
- **Childhood** - children learn new things as they grow. They become more dependent.
- **Adolescence** - this is when the body starts to change and prepare itself for adulthood. **Hormonal** changes take place over a few years. This is also known as **puberty**.
- **Early adulthood** - this is when humans are usually at their fittest and strongest. Normally the time where **reproduction** happens.
- **Middle adulthood** - changes such as hair loss may happen. There are also some **hormonal** changes again and the ability to reproduce decreases. This is called the **menopause**.
- **Late adulthood** - there is a decline in fitness and strength.

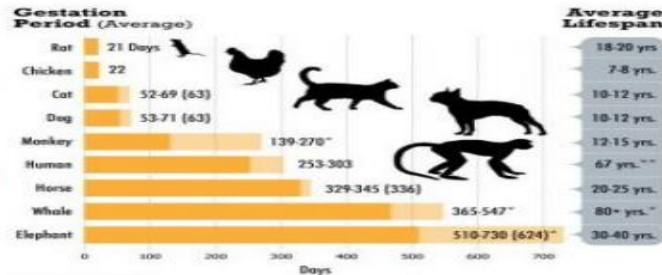


## Key Vocabulary Understand these key words

<b>adolescence</b>	the period of your life in which you develop from being a child into being an adult.
<b>adulthood</b>	the state of being an adult.
<b>development</b>	the gradual growth or formation of something.
<b>foetus</b>	an animal or human being in its later stages of development before it is born.
<b>gestation</b>	the process in which babies grow inside their mother's body before they are born.
<b>growth</b>	an increase in something.
<b>infancy</b>	the period of your life when you are a very young child.
<b>life cycle</b>	the series of changes that an animal or plant passes through from the beginning of its life until its death.
<b>puberty</b>	the stage in someone's life when their body starts to become physically mature.
<b>reproduction</b>	when an animal or plant produces one or more individuals similar to itself.

## What is a **gestation** period?

The process in which babies grow inside their mother's body before they are born. This period differs between species.



## Focus Scientists — Robert Winston

**Robert Winston** (b.1940) is a professor of fertility and reproduction in humans. He also presented the TV show *Child of our Time* which looked at how children grow and change in the first 20 years of their lives.

