

FAMILY SUPPORT

Pathfinder/Roots specialist early help and support for families



School Based Pathfinder Worker

Lynwen Jones is the school based Pathfinder worker, her role is to support families and work alongside you to overcome barriers which may be affecting your life. Support can include; **Financial, Employment, Housing, SEND, Mental Health, Parenting,**

If you are interested in finding out more please speak to a member of staff or ask for Lynwen Jones



Follow us on twitter @BhamPathfinder

What's going on this term

Parenting Support: Is parenting feeling like a challenge? Would you like to feel more confident? Ask about our **PI4 Parents or NVR course.** These are 10 week courses that will support you to;

- Acquire practical tools to use when you feel stuck
- Develop an understanding of what could be going on for your child
- Access to trained staff who are psychologically informed

If you would like to find out more speak to school staff or Lynwen Jones

Coffee Mornings come along to our weekly parent coffee morning. This is a friendly welcoming space for parents to connect with other parents and share concerns with your Pathfinder worker will be there to support you with any issues you may be experiencing

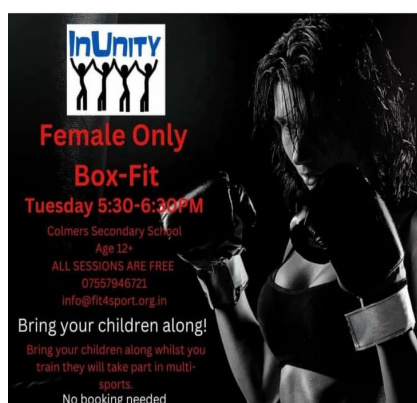
Community News

Food Banks: If you are need of a food parcel speak to **Lynwen Jones** school based Pathfinder Worker for signposting

Parent Quote

"Pathfinder has been an incredible support for me. At the time just before I first met with you I felt so alone and having no clue what to do and how to do things The support I have received from you has changed all of that and I no longer feel isolated. I'm really enjoying the PIE course too, there are some parts that just confirms you doing a good job and being a good mum and we all need that "

Family Events



InUnity
Female Only
Box-Fit
Tuesday 5:30-6:30PM
 Colmers Secondary School
 Age 12+
 ALL SESSIONS ARE FREE
 07557946721
 info@fit4sport.org.in
 Bring your children along!
 Bring your children along whilst you train they will take part in multi-sports.
 No booking needed



PI4 Parents Group